

RKINA 101: BASIC BUDDHISM

10 Week Online Course

July 8 – Sep. 9, 2026

Wednesday, 6pm-7pm Pacific Time

Zoom Meeting ID: 845 3969 1011 Passcode: basic

<https://us02web.zoom.us/j/84539691011?pwd=DsFAX6S5rHCQVJTso7uzWUaSV1sc1.1>

Instructor: Rev. Takashi Yoshizawa

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Internet courseware instructor: Emi Sonksen

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Text Book: [*PDF Download*](#)

Catalog Description:

This is an introductory course on the fundamental teachings of Buddhism as expressed through the tradition of Rissho Kosei-kai.

Objectives: Upon completion of this course, a student will be able to:

1. Develop an understanding of the basic teachings of Buddhism.
2. Apply the teachings to their everyday lives.
3. Convey a moderate understanding of the basic teachings to others.

Assignments: Read the assigned chapter.

Tips for Success: Think about how you would apply the material to real world situations.

DATE	CLASS	CONTENT
Jul. 8	1	TAKING REFUGE IN THE THREE TREASURES
		Lecture, Discussion
Jul. 15	2	THE LAW OF CAUSATION
		Lecture, Discussion
Jul. 22	3	THE SEAL OF THE THREE LAWS AND FOUR LAWS
		Lecture, Discussion
Jul. 29	4	THE FOUR NOBLE TRUTHS

		Review, Lecture, Discussion
Aug. 5	5	THE TEN SUCHNESSES
		Lecture, Discussion
Aug. 12	6	THE TWELVE LINK CHAIN OF CAUSATION
		Lecture, Discussion
Aug. 19	7	THE EIGHTFOLD PATH
		Lecture, Discussion
Aug. 26	8	THE SIX PERFECTIONS (Paramitas)
		Lecture, Discussion
Sep. 2	9	TRANSMIGRATION AND KARMA
		Lecture, Discussion
Sep. 9	10	THREE THOUSAND REALMS IN ONE MIND
		Lecture, Discussion

Evaluation Criteria:

Certificates will be awarded based on class attendance.

Type	Requirements
Certificate	
	Class attendance and participation.
No certificate	Too many absences.